



BLISS



AN OFFICIAL BULLETIN OF ROTARY CLUB OF CALCUTTA NORTH EAST Rotary International District 3291

Vol. : 39	Saturday, 24th August, 2024	No. 04
Club No. : 23802	1606th Regular Meeting	Charter on : 12.06.1986
We meet every alternate Thursday at THE ANTELOPE, 3, Ho Chi Minh Sarani, Kolkata - 700071 at 8.00 pm.		
Rtn Subasish Halder President	Rtn Swapnamita Roy Secretary	Rtn Sukanta Khan Treasurer
		PP Rtn Chandra Kumar Paul Editor

ROTARY SAVES LIVES WITH STOP THE BLEED®

Posted on May 23, 2023

By Juliet Altenburg, governor of District 7390 (Pennsylvania, USA), a member of the Rotary Club of Mechanicsburg-North, and executive director of the Pennsylvania Trauma Systems Foundation

A 10-year-old boy was riding his bicycle down a hill with his friends in 2021 – something he had done many times before – when his fun morning turned tragic. As he entered an intersection, he collided with a car he didn’t see coming. In an instant, he broke both of his arms and had uncontrolled bleeding that could have killed him within four minutes.

Fortunately, the accident happened near a police station where officers quickly called 911. As a team of emergency medical responders headed to the scene, the officers applied tourniquets to each of the boy’s extremities. The EMS team examined the boy and transported him to a local pediatric trauma center, which quickly diagnosed his injuries and surgically corrected them. Weeks later, he was discharged to his family and assigned a team of rehabilitation specialists. By any standard, this is a heart-warming story of how local police officers, medical responders, and hospital personnel saved a boy’s life. What makes it even more amazing to me is how my Rotary club, my Rotary district, and The Rotary Foundation helped to save him.

In 2019, I invited our local trauma center nurses to my Rotary club meeting to speak on a national awareness campaign administered by the American College of Surgeons Committee on Trauma called STOP THE BLEED®. It was launched as a result of a meeting after the shooting at Sandy Hook Elementary School, where a national team of medical experts discussed how more lives could have been saved. They realized that if teachers and others on the scene had been educated in bleeding control techniques, it could have made a difference.

District grant

After the presentation, my club applied for a district grant which allowed us to get a \$2,500 match and purchase 300 tourniquets for a local township police station. Those police officers were educated by the local trauma center on their use, and it was those tourniquets that saved the life of the boy in the bicycling accident.

What makes this especially personal for me is the fact that my entire professional career has been dedicated to working in or overseeing trauma centers. In the first part of my career as a nurse, I cared for trauma patients and worked in a leadership role to advance trauma care in my hospital. In my current statewide role, I serve as executive director of an organization that accredits trauma centers in Pennsylvania.

This year as district governor, my vision was to advance partnerships between trauma centers and local Rotary clubs to bring the STOP THE BLEED® campaign to Rotarians and the public. We’ve educated more than 200 people during Rotary club meetings, community health fairs, our district conference, and separate STOP THE BLEED® classes at a local community college. Through all these activities, I’ve come to realize more deeply how combining one’s professional interests with the power of Rotary can provide huge results.



Registered nurse Juliet Altenburg with Penn State Health Trauma Program Staff at a STOP THE BLEED® class. From left: RNs Justin Heinrich, Sunny Goodyear, Altenburg, and Amy Bollinger



**Peacebuilding
and Conflict
Prevention**



**Disease
Prevention
& Treatment**



**Water,
Sanitation
& Hygiene**



**Maternal &
Child Health**



**Basic Education
& Literacy**



**Community
Economic
Development**



Environment



Project Green Heart

Project Green Heart, a tree plantation Project was taken up on 10th August, Sanjay Jai Singh of Mithri Mitti helped execute the Project at Subhas Sarovar. Members of our Club reached the location early in the morning and planted close to 100 saplings.

Among those present were Rtn Salil Chandra, PP Rtn Srikanta Basu Mallick, Rtn Sukanta Khan, Rtn Gurmeet Singh Sachar and President. The total cost of the Project was Rs 2500.00.

As reported by Rtn Gurmeet Singh Sachar



Independence Day at Kashipur Boys High School.

Rotary Club of Calcutta North East celebrated Independence Day with Students and Teachers of Kashipur Boys High School. This is a boarding school for Orphans. Food packets and gifts were distributed among the students, these were sponsored by PP Rtn Shubadip Roy. The teachers were also felicitated. Members present Rtn Sukanta Khan, Rtn Swapnamita Roy, Rtn Salil Kr. Chandra, Rtn Rathindranath Dey, IPP Rtn Vivekananda Bhowmick, PP Rtn Subhashis Ghosh, Rtn Sabyasachi Roy along with President Rtn Subasish and First Lady Sharmila Halder. Cost of the project Rs. 9550.00.

As reported by President Rtn Subasish Halder



IPP Rtn Vivekananda Bhowmick hands over a Certificate of Appreciation to Interact Club of DPS Megacity, for their achievements during the Rotary year 2023-2024, which led to RC Calcutta North East being conferred with the First Prize in Interact Services in District 3291 during the RY 2023-2024.

Minutes of the 1605th Meeting of Rotary Club of Calcutta North East held at The Antelope, 3, Ho Chi Minh Sarani, Kolkata - 700071 on 08.08.24 at 8.00 PM.

- ❖ President Rtn Subasish Halder called the meeting to order, followed by the National Anthem led by Rtn Sukanta Khan. President Called for one minute silence for the demise of the Ex-chief Minister of West Bengal Shri Buddhadeb Bhattacharya.
- ❖ President informed about Project "GREEN HEART"- Tree plantation at Subhas Sarovar, Beliaghata on 10th August, Saturday at 7:00 am. Cost of the sapling is Rs. 20 per piece. President requested all the member to join the Project "GREEN HEART".
- ❖ President informed Independence Day will be celebrated at Kashipur Boys High School. Treasurer Rtn Sukanta Khan will make the arrangements for tiffin and gifts for 70 students, this will be sponsored by PP Rtn Shubadip Roy. The program will also include felicitation for the teachers.
- ❖ President discussed the development of Barpara Upper Primary School, Hooghly. The estimation is requested from the school authorities.
- ❖ President informed about the Joint meeting with RC Calcutta Old City on 24.08.24 at 6:30 pm at Spring Club.
- ❖ Proposal given for "Hilsa Festival" after 17th August. Cost, Date and Venue will be decided and published soon.
- ❖ Screening Committee for New Members is formed. PP Rtn Srikanta Basu Mallik, PP Rtn Subhashis Kar and PP Rtn Sudip Kr. Dutta are the member. The prospective members need to submit a complete Bio-data and attend 03 Regular Meeting to qualify for induction and consideration of the screening committee.
- ❖ Club Treasurer Rtn Sukanta Khan proposed a drinking water project and "MAA" project at his native home at Bankura.
- ❖ Secretarial Business is done by Rtn Sukanta Khan, in the absence of Club Secretary Rtn Swapnamita Roy, next Regular meeting will be held on 24.08.24.

Birthday Greetings

25 Aug : Rajashree Chandra, W/o Rtn Salil Kr. Chandra
30 Aug : Sharmila Halder, W/o Rtn Subasish Halder
04 Sep : Indrani Dutt, W/o Rtn Sujit Dutt
06 Sep : Rtn Somdeb Poddar
10 Sep : Kanisha, D/o Rtn Kalyan Saha

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